

Help for Deciding What to Keep

To determine if an item should stay in your life, ask yourself the following questions:

- Do I like or love it?
- Is it comfortable and in good condition?
- Am I currently using this?
- Does it enhance my life?
- Is it appropriate for my home's size and design?
- Does it go with my current décor?
- Will it cost me money to move
- Is it easy to care for?
- Does it have great sentimental value and do I honor it by displaying it and keeping it in good condition?
- When was the last time I used or looked at this?
- Would a photo be enough to remember it by?
- Would I really miss it if it was gone?
- Is this appropriate for my stage of life?
- What things are most important to me?

Think about the big picture- what are your goals for your home and your life?

Does keeping this item bring you closer to your goals or push you further away from your goals?

If you can't make a decision now, it's ok to set it aside- pack in a box and label with a date to look at again